

Performance Dietitian – Northern Blues

Job Title: Performance Dietitian

Job summary:

Join the Northern Blues Football Club high performance team as a team Dietitian.

About the Northern Blues Football Club

Northern Blues Football Club is part of the Victorian Football League and is the AFL affiliate of the Carlton Football Club.

The Northern Blues works closely with Carlton in the development of [its](#) young players and provides opportunities for senior players to mentor and support the VFL players.

Founded in 1882, the Club has a rich history associated with some of the game's greats. With a proud history as the Bullants, Northern now runs out in Carlton's famous Navy Blue but continues to honour its Preston past.

Job details:

Northern Blues Football Club is seeking a Performance Dietitian to join the high performance team.

The Performance Dietitian is expected to provide nutritional information and support to all Northern Blues-listed players to support their training regime and maximise performance. The Performance Dietitian is responsible for the provision of group presentations, one-on-one consultations and nutritional resources for individual players seeking such advice on the recommendation from the Club's High Performance Manager.

Reporting to the High Performance Manager, the successful candidate will have previous experience in delivering nutritional support to team sport athletes for the purposes of weight management, performance and recovery. Additionally, the candidate will have excellent relationship-building, interpersonal and communication skills.

The Performance Dietitian will play a key role in the high performance department to ensure the delivery of player nutrition education to maximise training adaptations from on-field and strength sessions, and assist in the rehabilitation process and recovery from matches.

The successful candidate will also need to be available to work outside traditional hours, including weekends and evenings at various locations. The successful candidate would be expected to attend one training session per week and all match days in season.

Honorary remuneration is provided for this position.

Specific training and match responsibilities include, but not limited to:

- Regular anthropometry and body composition testing
- Hydration assessments
- Delivery of educational presentations
- Facilitate one-on-one consultations
- Provision of nutritional support resources for individuals where necessary
- Close collaboration with strength and conditioning staff to devise individual player plans
- Organising the supply of post-game meals
- Advising on the use of supplements

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About You:

Qualifications, knowledge and skills

Essential:

- Accredited Practising Dietitian and preferably a Provisional or Accredited Sports Dietitian
- ISAK level 1 anthropometry accreditation
- Registered with Sports Dietitians Australia (SDA)
- Strong interpersonal and communication skills, including the ability to effectively liaise with athletes, coaches and administrators
- Strong organisational skills and attention to detail
- Some knowledge of the selection procedures, and rules/regulations of the VFL competition
- Driver's license
- Previous experience in managing a team is preferred
- Flexibility to work varying hours to accommodate football operations schedule

How to apply

- Please submit a CV and cover letter via email to: admin@northernbluesfc.com.au
- Applications close **Thursday 31 October 2019**
- Applications will be actively reviewed, and candidates may be contacted prior to the closing date

The Northern Blues Football Club is an Equal Opportunity employer and we welcome applicants from a range of backgrounds and with skills and experiences suitable for this role.